



Serving Holy Family Parish in Sechelt &amp; St. Mary's Parish in Gibsons

Visit our website at: <http://www.kofc11244.net>

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# KNIGHTLIFE

(Read - Canada instead of the United States)

“Many people are concerned with children of India, with the children of Africa where quire a few die of hunger and so on. Many people are also concerned about the violence in this great country of the United States. These concerns are very good. But often these same people are not concerned with the millions being killed by the deliberate decision of their own mothers. And this is the greatest destroyer of peace today - abortion which brings people to such blindness.”

Mother Teresa

A bit of humour from Joe Campbell's 'Light is Right' column "Drugged" found in The Interim, March 2011, page 7

It's awe inspiring how far the pharmaceutical industry has come during my lifetime. When I was growing up, the only pills we had in our medicine cabinet were aspirin tablets.

Now, there are pills for practically every ailment and you get an order of side effects at no extra charge. My financial advisor thinks I should invest in pharmaceuticals. I don't. I think I should invest in side effects. They're more dependable. Sometimes they show up before the therapeutic effects.

If you're starting to notice hair loss from male pattern baldness, there are pills to stop and even reverse it. The side effects many include increased body fat. Never mind. There are pills to control weight. The side effects may include sleeplessness. Don't worry. There are pills to ease insomnia. The side effects may include depression. No problem. There are pills to lighten your mood. The side effects may include hair loss. It's all right. You've just scored a pharmaceutical home run. You're back where you started and you've got all those pretty pills to take besides...

-- The remainder of the column is found in The Interim, March, 2011

Insurance Agent - Joe Ven Der Buhs 1-877-532-5632  
Field Agent - Shawn Fetter 778-549-6570  
District Deputy - Marius Soska

## EXECUTIVE OFFICERS

for 2010-2011

Grand Knight - Tom Gregorchuk

Deputy G.K. - Greg Gobbi

Chancellor - Gary Weber

Fin. Sec. - David Short

Recorder - Travis McDonough

Warden - Pat Walker

Treasurer - Rick Ross

Lecturer - Keith Brind

Advocate - Dick Finnegan

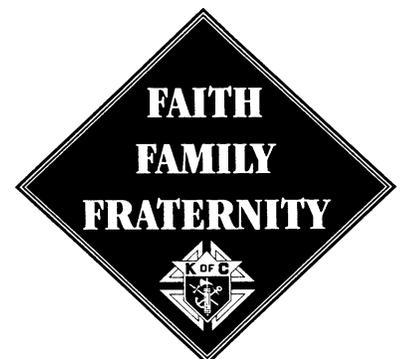
Inside Guard - Joe Brady

Outside Guard - Lloyd Howley

Trustee 1 yr. - Ted Canlas

Trustee 2 yr. - Peter Moonen

Trustee 3 yr. - Keith Brind



**Coming Events**

Mar. 20	Beef Dip at St. Mary's
Mar. 23	General meeting in Gibsons
Mar. 25	Feast of the Annunciation
Apr. 13	Executive meeting - Holy Family
Apr. 17	Palm Sunday
Apr. 22	Good Friday
Apr. 27	General meeting at Holy Family
May 8	Mother's Day
June 4	Peruvian Dinner

**Pro-Life - Report**

Pro Life meetings are currently held on third Tuesday of the month in the Holy Family meeting room. There is a potluck supper starting at 5:00 p.m. and the meeting gets under way 5:30 p.m. if you wish to skip the supper. Use the door on the Nickerson side by the day-care.

**Men's Breakfast & Discussion**

The next meeting will be April 9th at St. Mary's Hall at 8:30 a.m. For info contact Br. Keith at 604-886-4738.

**Membership Dues**

Brother David, our Financial Secretary, says that 45% of our members have not yet paid this year's dues!! Please plan to bring yours up to date ASAP as they are now 60 days in arrears.

**Pennies for Heaven**

We have moved into action! You will now find someone begging for your pennies or spare change after the masses. Make it part of your Lenten sacrifice and help in the education of seminarians

**Stamps & Eye Glasses**

This is another event that all councils are asked to participate in and to encourage in their parishes. The stamps should be trimmed so that about one inch of envelope is left around them. These are then sorted and counted according to country of origin for selling to collectors.

The eye glasses are checked over and recycled in the Third World. It's your chance to give sight to those in need at no cost to you.

**St. Mary's Kitchen Renovation**

Brother Peter Moonen took the KofC executive on a tour of St. Mary's kitchen renovation project. It is great to see

this parish project coming together. The stoves and fridge have arrived and the dry walling looks about finished. It is looking much more spacious with the wall being moved four feet over. We are thankful to members of CWL and Knights who have participated in the planning sessions and also to Bert, Reg, Keith, Joe, Eric, Brian, and Frank who are the faithful labourers on the project.

**FAMILY of the MONTH**

Gary and Pauline Weber are our feature family for the month of February. Gary is a regular usher at Holy Family and also serves as one of the collection counters. Pauline is the president of the Catholic Women's League. Congratulation to the Webers!

**Beef-Dip at St. Mary's**

There will be a beef-dip at St. Mary's Sunday, March 20th following the 11:30 mass. This bimonthly event is great for fellowship with those you don't see during the month. Make a point of joining us, letting us do the cooking and cleanup while you visit your friends.

**World Youth Day**

The youth going to World Youth Day 2011 are only selling 1000 twenty dollar tickets in their fundraiser. That gives great odds so don't wait or you'll miss your chance at:

- 1st prize - \$3000 cash
- 2nd prize - \$1000 cash
- 3rd prize - \$500 cash
- or one of the 5 - \$100 IGA gift cards

**PERUVIAN DINNER**

David Short reports that this event is coming together very well and that we can look forward to good food and a great evening. Plan on being there Saturday, June 4th.

**We Pray for**

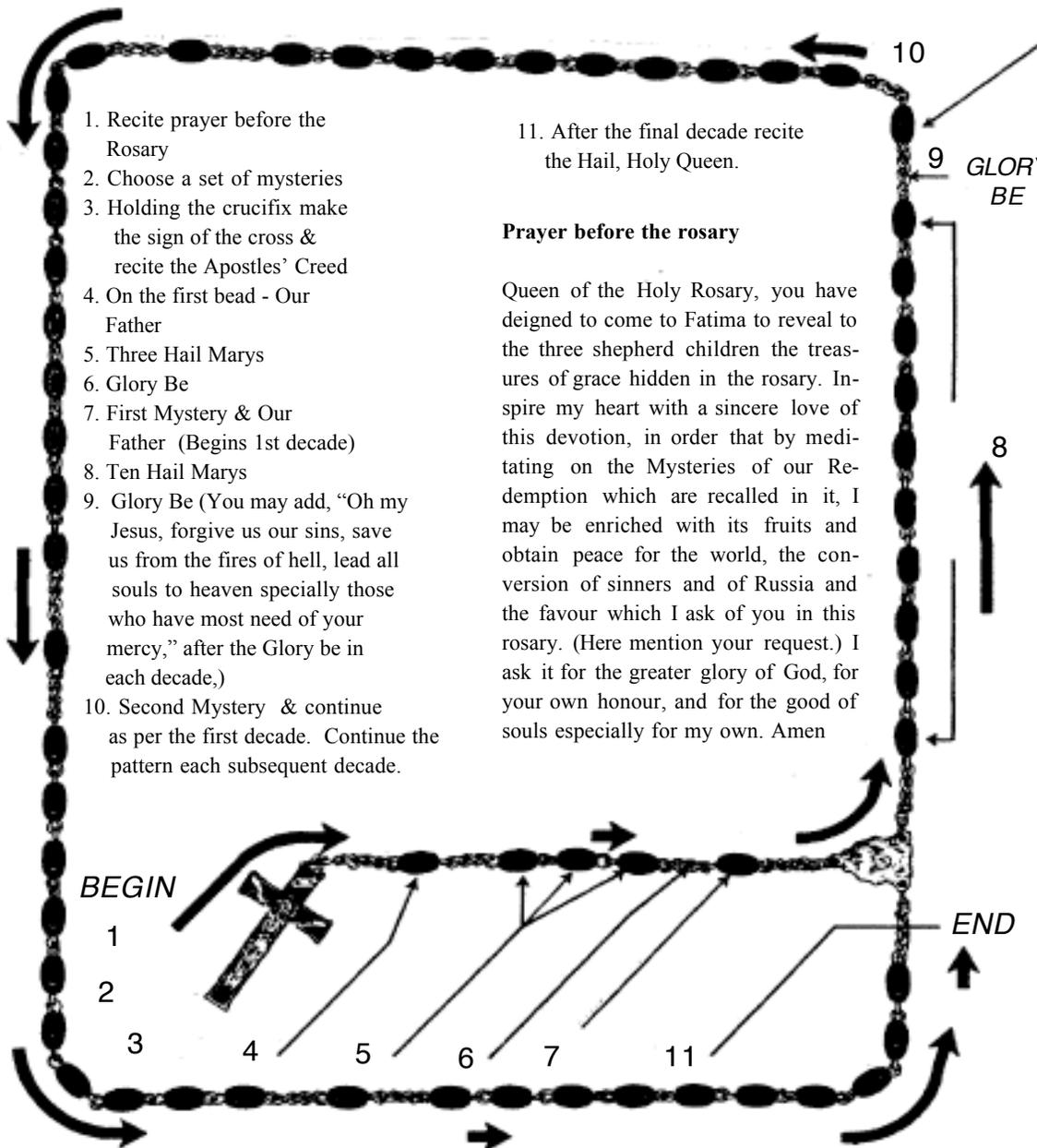
Our Holy Father Pope Benedict XVI  
Archbishop Michael Miller and our clergy

- Our families
- Jim Middleton
- Sonny Dampier
- Gerry Gillis
- Bill Muskaluk
- RIP Theresa Hood, Joe Brady's sister
- RIP David Wilson



The people of N. Africa & Middle East  
Especially the Christians who are in peril  
Victims of the Earthquake/Tsunami in Japan  
Those in other countries hit by the Tsunami

# Pray the Rosary Daily



1. Recite prayer before the Rosary
2. Choose a set of mysteries
3. Holding the crucifix make the sign of the cross & recite the Apostles' Creed
4. On the first bead - Our Father
5. Three Hail Marys
6. Glory Be
7. First Mystery & Our Father (Begins 1st decade)
8. Ten Hail Marys
9. Glory Be (You may add, "Oh my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to heaven specially those who have most need of your mercy," after the Glory be in each decade,)
10. Second Mystery & continue as per the first decade. Continue the pattern each subsequent decade.

11. After the final decade recite the Hail, Holy Queen.

### Prayer before the rosary

Queen of the Holy Rosary, you have deigned to come to Fatima to reveal to the three shepherd children the treasures of grace hidden in the rosary. Inspire my heart with a sincere love of this devotion, in order that by meditating on the Mysteries of our Redemption which are recalled in it, I may be enriched with its fruits and obtain peace for the world, the conversion of sinners and of Russia and the favour which I ask of you in this rosary. (Here mention your request.) I ask it for the greater glory of God, for your own honour, and for the good of souls especially for my own. Amen

- b) conformity to God's will
- c) spirit of prayer
2. The Scourging
  - a) patience
  - b) self-control
  - c) meekness
3. The Crowning with Thorns
  - a) humility
  - b) endurance
  - c) fortitude
4. The Carrying the Cross
  - a) courage
  - b) perseverance
  - c) compassion
5. The Crucifixion
  - a) mercy
  - b) generosity
  - c) surrender

### The Glorious Mysteries

1. The Resurrection
  - a) faith
  - b) joy
  - c) spirit of renewal
2. The Ascension
  - a) hope
  - b) joy
  - c) enthusiasm
3. Descent of the Holy Spirit
  - a) love
  - b) joyous witnessing
  - c) trust in God
4. The Assumption of Mary
  - a) joy
  - b) perseverance
  - c) hope
5. The Coronation of Mary
  - a) faithfulness
  - b) gratitude
  - c) love

### The Mysteries of the Rosary

**Joyful** Mysteries are said on Mondays, Saturdays, and on Sundays during Advent.

**Mysteries of Light** are said on Thursdays.

**Sorrowful** Mysteries are said on Tuesdays, Fridays through-out the year and daily except Sundays from Ash Wednesday until Easter Sunday.

**Glorious** Mysteries are said on Wednesdays and Sundays from Easter until Advent.

### The Joyful Mysteries

1. The Annunciation
  - a) availability
  - b) humility
  - c) generosity
2. The Visitation
  - a) kindness
  - b) joy
  - c) apostolic spirit
3. The Birth of our Lord
  - a) empathy
  - b) love
  - c) joy of salvation
4. The Presentation
  - a) obedience
  - b) responsibility
  - c) spirit of worship

5. The Finding in the Temple
  - a) detachment
  - b) patience
  - c) trust in God

### The Mysteries of Light

1. Baptism of Jesus in the Jordan
2. Manifestation of Jesus at the Wedding of Cana
3. Proclamation of the Kingdom of God
4. Transfiguration of Jesus
5. Institution of the Eucharist

### The Sorrowful Mysteries

1. The Agony in the Garden
  - a) generosity

### HAIL HOLY QUEEN

Hail Holy Queen, Mother of Mercy, Hail our life, our sweetness, and our hope! To you do we cry, poor banished children of Eve: to you do we send up our sighs, mourning and weeping in this vale of tears. Turn, then, most gracious Advocate, thine eyes of mercy towards us, and after this our exile, show unto us the blessed fruit of your womb, Jesus, O clement, O loving, O sweet Virgin Mary!  
 V. Pray for us, Holy Mother of God;  
 R. That we may be made worthy of the promises of Christ.

**Former Abortionist:**

We have recently been informed of the death of Dr. Bernard Nathanson, famed for his dramatic conversion from a leading abortionist to a stalwart and outspoken advocate for children in the womb. LifeSiteNews also told of the conversion of Dr. John Bruchalski who had also been a well meaning abortionist. Dr. Bruchalski has founded the largest free-standing pro-life medical practice in the U.S. His team offers a safe haven for women in crisis pregnancies, spreading hope through authentic health care that respects the natural processes of the woman's body, the right to life of the unborn child, and the eternal end of the mother's soul.

For details on this conversion story go to [LifeSiteNews.com/Friday](http://LifeSiteNews.com/Friday), March 4, 2011

**Lent**

Ash Wednesday has come and gone. We were asked to pray, fast and to give alms. Have you started yet or are you among those of us who procrastinate? Lent is forty days and you can still get on with these actions.

You'll notice that the Rosary page has been included in this months Knightlife. It is to remind us that from Ash Wednesday until Easter Sunday we are to say the Sorrowful Mysteries daily except Sundays.

**KofC Bursaries**

Application forms for our bursaries are available in the church office at St. Mary's and Holy Family. They are also in the schools. Some deadlines apply.

**For the Canonization of Father  
Michael J. McGivney**

God, our Father, protector of the poor and defender of the widow and orphan, you called your priest, Father Michael J. McGivney, to be an apostle of Christian family life and to lead the young to the generous service of their neighbour. Through the example of his life and virtue may we follow your Son, Jesus Christ, more closely, fulfilling his commandment of charity and building up his Body which is the Church. Let the inspiration of your servant prompt us to greater confidence in your love so that we may continue his work of caring for the needy and the outcast. We humbly ask that you glorify your servant Father Michael J. McGivney on earth according to the design of your holy will Through his intercession, grant the favour I now present (*here make your request*). Through Christ our Lord, Amen.

*Our Father**Hail Mary**Glory be to the Father*

**Pro Life Prayers for the Feast of the Annunciation  
and Incarnation Friday, March 25**

**PRAYER to CHRIST UNBORN**

Dear Lord Jesus in the womb of Blessed Virgin Mary, before your birth You filled the unborn Baptist with the joy of the Holy Spirit.

Inspire us to see You in every unborn child.

Grant us the perseverance to defend vulnerable human life from abortion, abandonment, experimentation, and all violations.

Fill us with reverence for the moment of your Incarnation in Nazareth when the Word became flesh. Amen.

**PRAYER to CHRIST -  
In HIS HIDDEN and PUBLIC LIFE**

Christ in the womb of Mary, save the unborn and bless their defenders.

Christ the child, shield the innocent and uphold those who guide them.

Christ the adolescent, lead our impressionable youth and sanctify their role models.

Christ the worker, strengthen all who toil for subsistence and inspire fairness and honesty in the workplace.

Christ the teacher, help us learn charity, gratitude, and forgiveness in place of indulgence, ignorance, and arrogance.

Christ the healer, imbue the medical and scientific community with a full respect for every human life.

Christ crucified, comfort the afflicted and soften hardened hearts.

Christ resurrected, save us all. Amen.

To submit an article, email Greg at [greggobbi@hotmail.com](mailto:greggobbi@hotmail.com)

Visit our website at <http://www.//kofc11244net>

I am the  
Bread of Life

