



Serving Holy Family Parish in Sechelt & St. Mary's Parish in Gibsons

Visit our website at: <http://www.kofc11244.net>

KNIGHTLIFE

Archbishop Michael Miller was the keynote speaker at our Charter Night.

He gave a rousing talk on the obligation of the Catholic laity to stand up for our rights as Catholic Christians, warning that if we do not we will find ourselves marginalized in society and shut out of mainstream professions. Below is a brief summary of the Archbishop's talk by Brother Travis McDonough.

In Canada, we have enshrined rights of freedom of religion and freedom of conscience. These are indisputable and not to be compromised. As Catholics, we need to defend these principles when they are threatened, and courageously insist that they be upheld and protected.

To be witnesses for Christ, freedom of religion is very important to our lives as Catholics. We need to be allowed not only to hold these values in private, but to also be able to profess them publicly. This is our faith; these are our beliefs; they are a part of our human makeup. Freedom of religion and freedom of conscience are being eroded by our secular society. Doctors and nurses, who are opposed to abortion, are being asked to do the procedures; and when they refuse they are directed to refer the woman/women to a doctor who will do the procedure. Pharmacists who are opposed to abortion are being required to dispense abortion medication, which contravenes their Freedom of Conscience. Pressure is put on them in school, and in their places of business to honour the secular status quo. These are injustices that we, as Catholics, need to take exception to; and with courage and our entrenched freedoms oppose with all of our power and might. This directly contravenes our Freedom of Religion and Freedom of Conscience that are entrenched in our Constitution.

In Redemptor Hominis (The Redeemer of Man), published on March 4, 1979, John Paul made an urgent appeal for universal human rights. ... "These rights," he wrote, "are rightly reckoned to include the right to religious freedom together with the right to freedom of conscience."

As Canadians, we have the right and duty to manifest our faith and our beliefs not only in our places of worship, but in our daily lives, at home and at work. These rights are guaranteed us. At every turn we will be opposed by those who would marginalize religion. They have a right to their beliefs or non-belief, but do not want to accord us the same right. Our views are a threat to their rights and beliefs, which they demand be upheld. We must do the same – we must demand the same for our freedoms. (See The Archbishop p.4)

Insurance Agent - Joe Ven Der Buhs 1-877-532-5632
Field Agent - Shawn Fetter 778-549-6570
District Deputy - Marius Soska

EXECUTIVE OFFICERS

for 2010-2011

Grand Knight - Tom Gregorchuk

Deputy G.K. - Greg Gobbi

Chancellor - Gary Weber

Fin. Sec. - David Short

Recorder - Travis McDonough

Warden - Pat Walker

Treasurer - Rick Ross

Lecturer - Keith Brind

Advocate - Dick Finnegan

Inside Guard - Joe Brady

Outside Guard - Lloyd Howley

Trustee 1 yr. - Ted Canlas

Trustee 2 yr. - Peter Moonen

Trustee 3 yr. - Keith Brind



Coming Events

- Feb. 23 General meeting in Sechelt
- Mar. 9 Executive meeting in Gibsons
- Mar 12 Men's Breakfast
- Mar.23 General meeting in Gibsons
- June 4 Peruvian Dinner

Pro-Life - Report

The next Pro-Life meeting will be February 22nd, 5:00 - 7:00 p.m. at Holy Family. This will be a dinner meeting so please bring something to share. Start planning now to participate in the Sunshine Coast Pro Life Walk for Life in June.

First Degree

Our up and coming degree team has had a run-through at St. Mary's where we plan to have our First Degrees. Brother David will inform us of a future practise in St. Mary's hall. It is hoped that the team will be inspected and ready for a degree in March as we have four candidates waiting.

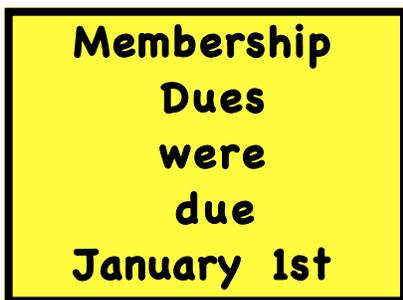
Men's Breakfast & Discussion

The next meeting will be March 12 at St. Mary's Hall at 8:30 a.m. For info contact Br. Keith at 604-886-4738.



Membership Dues

Brother David, our Financial Secretary says that there are many who have not yet paid this year's dues!! Please plan to bring yours up to date ASAP as they are now 60 days in arrears.



Pennies for Heaven

How is your collection of pennies and loose change coming? Tom Gregorchuk will be collecting your Pennies for Heaven after all Masses at St. Mary's and Holy Family during the month of March to have them ready for delivery to the State Convention where they are distributed to the Bishops for training seminarians.



Stamps & Eye Glasses

This is another event that all councils are called to participate in and to encourage in their parishes. The stamps should be trimmed so that about one inch of envelope is left around them. These are then sorted and counted according to country of origin for selling to collectors.

The eye glasses are checked over and recycled in the Third World. It's your chance to give sight to those in need at no cost to you.

Our Lady of Charity Prayer Program

The current Marian Prayer Program in honor of Our Lady of Charity began Orderwide on September 8, the Feast of the Nativity of the Blessed Virgin Mary. This program features an image of Our Lady of Charity, the patroness of Cuba.

The icon of Our Lady of Charity was on display at Our Lady of Lourdes Church Friday, February 11 until 3:00 p.m. Brother Travis gave an excellent talk on the Knights and the Icon of Our Lady of Charity at the end of the Mass marking the Feast of Our Lady of Lourdes. There were about 71 participants at this Mass and Anointing of the Sick. Prior to the Mass Travis led 5 decades of the Rosary before the Icon.

YOUR GOOD DEED STARTER KIT (Reader's Digest, Dec. 2010)

Here are tips on how you can make helping others a bigger part of your life.

START SMALL. Even modest acts make a difference, and they don't require much time or effort. When you do a good deed for someone, you've potentially set in motion a long chain of kindnesses.

THINK LOCAL. Don't assume favours for your family, friends or co-workers are less worthy because you're not helping strangers. Strengthening connections benefits everyone.

USE COMMON COURTESY. Acknowledge the driver who lets you cut in line or the barista who hands you your coffee. "Thanking people is a good deed," says Montreal psychologist Marylene Gagne. "You might be the recipient of help, but just by saying thank you, you're giving back."

BE AWARE OF SMALL OPPORTUNITIES. "We're always running somewhere, and we don't see what's going on around us," observes Gagne. For example, a pedestrian's purse may have fallen open or a piece of litter could be blowing down the street. "When you start paying attention," says Gagne, "there are plenty of opportunities to do good things."

VOLUNTEER “SELFISHLY.” That is, choose an activity that interests you. Don’t apologize if this means you’re tracking the nutritional requirements of geese instead of raising funds for a leukemia cure. “If you find it engaging, you’re much more likely to continue,” says University of Western Ontario culture anthropologist Pamela Cushing. Selfish or not, you’re still helping.

DON’T IDEALIZE. “Thinking of altruism as a pure impulse creates a gold standard that may give us an easy excuse not to do things,” says Cushing. If you paint others as saints because of the good deeds they’re doing, you may convince yourself that such generosity is beyond you -- and then the helping doesn’t happen.

LOOK FOR INSPIRATION. For ideas, visit websites such as actsofkindness.org, thegooddeedsorganisation.com, doagooddeed.com and helpothers.org, or pick up books such as *Cool to Be Kind: Random Acts and How to Commit Them* (by Val Litwin, Chris Bratseth, Brad Stokes and Erik Hanson) and *A Year of Living Generously: Dispatches From the Front Lines of Philanthropy* (by Lawrence Scanlan).

Basketball Free Throw.

The four winners of our council free throw were Makenna Gregorchuk, Danielle Pazor, Tristin Tidder, and T.J. Turene. Turene went on to win at the regional level with a score of 22 baskets out 25 shots and will be entered in the State event. Congratulations go to T.J. on his great shooting and best wishes are offered for at the State Level! We thank Brother Shiloh Gregorchuk for all his work in setting up our council’s basketball free throw and we would also like to say thank-you to Logan who has helped at each location.



Charter Night

Charter Night went very well, but we were missing many of our Brother Knights. An excellent meal of Italian soup, with a stuffed pork loin main course was prepared by Peter Moonen and Maurice Arduin. Following an impressive introduction by State Secretary, Wil Wilmot, Archbishop Miller delivered an inspirational talk on the need for strength and firm resolve in the defense of our Catholic faith and values.

FAMILY of the MONTH

Our family of the month for January was Brother Shiloh Gregorchuk. Brother Shiloh has been the basketball free-throw chairman for a number of years now. He is also highly involved in Army Cadets in Gibsons. All four of their children are servers at Mass and have been involved in the production of the Easter plays at St. Mary’s. Congratulations to Br. Shiloh and Denise!

STATE CONVENTION 2011

State Convention will take place April 28 – May 1, 2011. Grand Knight, Tom Gregorchuk and Deputy Grand Knight, Greg Gobbi will be our delegates. This year’s State Convention will mark the 100 Anniversary of the BC Yukon State.

FIRST COMMUNION AND CONFIRMATION:

There is one Confirmation student this year, and 6 taking their First Communion (4 boys and 2 girls). We have a gift for the Confirmation student, and Keith Brind will get gifts for the First Communicants. Travis McDonough will make certificates and book plates for all of the students.

PANCAKE BREAKFAST

There will be a pancake breakfast at Holy Family Sunday, February 20. Travis is purchasing the supplies needed. Greg will be phoning to arrange for helpers. We look forward to seeing you there with your family and friends.

CHRISTMAS PLAY

David Short is preparing a Christmas Play (nondenominational). It is hoped that it will be presented in a public venue on a shared profit and expense basis. David is looking forward to your support in the production and for you to share in the enjoyment of it.

PERUVIAN DINNER FOR FATHER DAVID

We are planning a Peruvian dinner in honour Fr. David on Saturday, June 4th, 2011. Father David will be presenting a Power Point presentation on Peru. Plan to join us on this occasion as it is for the Catholic community of the Sunshine Coast. Bring family and friends!

(The Archbishop, from page 1)

In our world today, 75% of all religious persecutions are against Christians. This is also a part of our Christian heritage. Over our 2000 year history, many believers have been martyred. Among those, our early apostles, St. Stephen and many others; Most recently in Iraq, Egypt, and many places in Africa.

Pope John Paul II started and ended his pontificate with the words "Be Not Afraid". Pope Benedict XVI began his pontificate with the words ". . . Don't Be Afraid . . ." As Catholics we need to make this attitude a part of our daily lives.

No person has the right to violate another's Freedom of Conscience or right to Conscientious Objection. We must stand up for our rights as humans but also as caring Catholics. We must be ready to go to the wall to protect these rights!

HUMOUR

One weekend, a doctor, a priest and an attorney are out in a fishing boat. Their motor conks out and one of the oars drifts off. Just as the doctor is about to dive in to retrieve the oar the boat is surrounded by sharks.

"I can't go now," the doctor says. "If someone gets bitten, you'll need my services."

"I can't go, either," says the priest. If the doctor fails, I'll need to give the Last Rites,"

"Fine," says the attorney. "I'll get it." So he dives in, the sharks move, he retrieves the oar, then he climbs back into the boat. The doctor and priest look flabbergasted. The attorney smiles and says, "Professional courtesy." (Reader's Digest, Sept. 2010)

For the Canonization of Father Michael J. McGivney

God, our Father, protector of the poor and defender of the widow and orphan, you called your priest, Father Michael J. McGivney, to be an apostle of Christian family life and to lead the young to the generous service of their neighbour. Through the example of his life and virtue may we follow your Son, Jesus Christ, more closely, fulfilling his commandment of charity and building up his Body which is the Church. Let the inspiration of your servant prompt us to greater confidence in your love so that we may continue his work of caring for the needy and the outcast. We humbly ask that you glorify your servant Father Michael J. McGivney on earth according to the design of your holy will Through his intercession, grant the favour I now present (*here make your request*). Through Christ our Lord, Amen.

Our Father Hail Mary Glory be to the Father

We Pray for

- Our Holy Father
- Archbishop Michael Miller
- Father Matthew
- Father David
- Jim Middleton
- Sonny Dampier
- Gerry Gillis
- Bill Muskaluk



Brother Knights

There are so many issues these days that the laity can and should be contacting their local Member of Parliament on. The B.C. Catholic has articles that give background on these issues.

"Be Not Afraid" - to write, phone, or e-mail John Weston, the MP for the Sunshine Coast. He needs to hear our views.

John Weston, MP	Phone 604-885-2939
5760 Teredo Street	Fax 604-885-4232
Trail Bay Centre, Suite 207	e-mail Weston.J@parl.gc.ca

To submit an article, email Greg at greggobbi@hotmail.com

Visit our website at <http://www.//kofc11244net>

I am the Bread of Life

